

VIDYALAYA PATRIKA 2018-19

विद्यालय पत्रिका २०१८-२०१९



KV AFS, HIGHGROUNDS, CHANDIGARHEMAIL:kvchdhighgrounds@gmail.com

के वि एे एफ अस हाई ग्राउंड्स, चंडीगढ़ , ईमेल : [kvchdhighgrounds@gmail.com](mailto:kvchdhighgrounds@gmail.com)

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## EDITORIAL BOARD

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## MESSAGE FROM THE CHAIRMAN



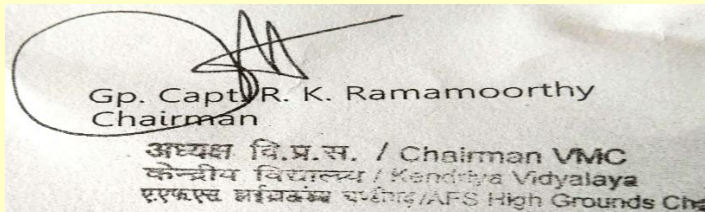
**Gp. Capt. R. K. Ramamoorthy, Stn. Commander  
AFS HighGrounds, Chandigarh & Chairman VMC**

It gives me immense pleasure to acknowledge the publication of the Vidyalaya Patrika of KV AFS High Grounds, Chandigarh for the session 2018-19.

The Vidyalaya under the patronage of KVS has been imparting quality education with a vision of holistic development of learners. I have keenly observed the school making steady progress, leaving no stone unturned to realize its mission of preparing ideal citizens of the nation, in turn proving to be effective contributors to global harmony. This school, through its activities has ensured that the young learners are equipped with values, social ethics, are fired with the spirit of patriotism, embracing the supersonic age of brilliance with ease and absolute readiness.

I am glad to know that the students of this Vidyalaya have made an effort to give vent to their hopes and aspirations in the form of this 'VidylayaPatrika'. I congratulate the Principal, Staff and students towards the unfolding of their creative venture.

Jai Hind!



**MESSAGE FROM SH. RANVIRSINGH,  
DEPUTY COMMISSIONER, CHANDIGARH REGION**



केंद्रीय विद्यालय संगठन Kendriya Vidyalaya Sangathan

संस्थापित कार्यालय , REGIONAL OFFICE

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It is very heartening to note that Kendriya Vidyalaya AF5 High Grounds Chandigarh is going to publish its Vidyalaya Patrika for the session 2018-19. The magazine provides a platform for students to express their thoughts and exhibit their talents.

The magazine is an appropriate medium for showcasing the achievements of the school in various activities including sports, co-curricular and academics. It will go a long way in building pride in the institution and making all of us aware of the activities of the students and the staff of the Vidyalaya.

My best wishes and congratulations to all the staff members and the contributors whose sincere efforts made it possible to bring out this issue of the Patrika.

(Ranvir Singh)  
Deputy Commissioner

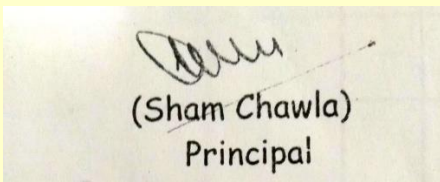
## From the desk of the Principal .....



“If you wish to see the future of a nation finds it pulsating on the benches of a classroom. Each academic session in this Vidyalaya spurts new talent, new aspirations of the budding young generation. And school is the absolute platform where the talent, dormant capacities of a child is brought ready to reckon the universe. Innovations and experimentations are searching opportunities. When would the hands that make ‘rangoli’ mature upto to create ‘Robot’ and ‘drones’, you never know.

Dear students, your own creation the VidyalayaPatrika is in your own hands. I admire your creative endeavours, your wise reflections on society in the form of poems, stories, reviews and conversations affirming us that the future of the nation is in safe hands.

Wish you happy reading!



# TRENDSETTERS

## ACADEMIC ACHIEVERS CLASS XII, AISSCE-2019



Simranjot Kaur: Vidyalaya topper,  
Topper Commerce Stream 95.8%



Rishi Sharma, 94.4%, (Topper Science Stream)

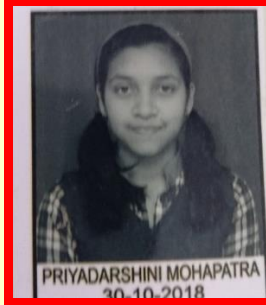


Nisha Kothari, 93%, (Topper Humanities Stream)

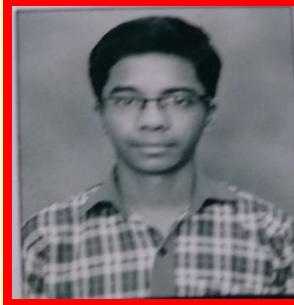
## ACADEMIC ACHIEVERS CLASS X, AISSE-2019



Akanksha : 97%



Priyadarshini Mohapatra 96.4%



Ayush Gupta 94.4%



Kunal Kapoor : 94.4%

## VIDYALAYA STARS



Pukhraj Kaushik , joined  
NDA, Kharagvatsla, Pune



Manish Pathak, joined  
NDA, Kharagvatsla Pune



Anmol, got admission  
into the Yorkshire  
University, Canada.



Abhuday Dubey got  
admission in BSC,  
Engineering (Comp. Sci)  
University of Alberta,  
Edmonton, Canada



Payal Priyadarshini, joined  
MBBS at GMCH, Balangir,  
Odisha

# ANNUAL REPORT 2018-19

*'Education is what survives when what has been learnt has been forgotten' –B F Skinner*

With this motto the Vidyalaya embarks on a new journey every session adding dimension to holistic growth of learners. Each academic session in this institution begins with a vision to help the young learners equip them with pedagogy and the essential ethics to take on the new challenges that await them for their promising future.

With a teeming student enrolment of 1399 students with 577 students in Primary and 822 students in Secondary as on 30<sup>th</sup> June 2019, this Vidyalaya caters to the educational requirements of the wards of personnel working in Air Force, CISF, ITBP, Army, State Govt. and floating population.

The key highlights of the achievements of the Vidyalaya during the session are listed here as under.

## **Academics:**

### Key Highlights – Result Class XII

- Apart from the internal examination, 93 students of class XII from the streams of Science, Commerce and Humanities appeared for the AISSCE Examination 2019. The Vidyalaya result in all the three streams was 100%.
- **Simranjot Kaur**, student from Commerce Stream topped the Vidyalaya AISSCE Result by securing **95.8%** marks, while **Rishi Sharma** of Science Stream stood second securing 94.4% and **Nisha** from Humanities Stream stood third securing 92%. Around 7 students of the Vidyalaya secured marks above 90% in the AISSCE Examination.
- **Simranjot Kaur**, topper of the Vidyalaya in XII, has also been selected for the Merit Award by the KVS, for being among the top 1.5 toppers in the AISSCE Exam 2019
- Among the top subject achievers Payal Priyadarshini, student Class XII, scored 100 marks in Hindi and Shikha Gupta of Class XII scored 99 marks

in Mathematics. Simranjot of class XII secured 100 marks in Physical Education.

- 4 students of the Vidyalaya qualified for the NEET exams, 5 cleared the IIT JEE MAINS and 1 has cleared the advance JEE-MAINS. 1 student got admission to BSc Nursing, 1 in BSc. Optometry and 1 in BSc. Radiology in GMCH, Sec-32, Chandigarh.
- Payal Priyadarshini, student, Class XII (Science), got admission in MBBS GMCH, Balangir, Odisha.
- Manish Pathak and Pukhraj Kaushik, students of the Vidyalaya have joined National Defence Academy, Kharagvatsla Pune.

### **Key Highlights: Result Class X:**

- In Class X, 80 students appeared for CBSE-2019 Examination and the pass % was 100%. **Akansha** topped the CBSE Class X result with 97% marks followed by **Priyadarshini Mohapatra** securing 96.4% and **Ayush Gupta** and **Kunal Kapoor** standing third with 94.4% respectively. 12 students of the Vidyalaya scored marks above 90.
- **Akansha and Priyadarshini Mohapatra** have also been selected for the Merit Award by the KVS, for being among the top 1.5 toppers in the AICBSE Exam 2019.
- Akansha scored 100 marks in the subject Social Science.

### **Internal Examination: Class I to XI**

- In the **Internal Examination** 567 students appeared from the Primary and the result was 100%.
- In the Secondary, 646 students appeared from class VI-XI. 536 students cleared the examination from the Secondary with 83% result.
- In Class IX, 148 students appeared out of which 82 passed giving 55.4% result.
- In Class XI 130 students appeared out which 86 passed giving 66.15% result.

### **CCA Achievements:**

- With an aim to ensure holistic development of the students in Vidyalaya; students participated in various co-curricular activities throughout the year, a



few of the noteworthy achievements of the same accomplishments are stated below:

- Rakhee Making Competition and Making Cards for the Jawans to sensitize the students about the soldiers who protect the frontiers of the nation. Students also participated in inter-house Mehndi Making, Nail Art, Kite Making, Rangoli Making, Debate, Elocution, Creative Writing and Cover Design Competition.
  - ✓ Slogan Writing and Poster making Competition
  - ✓ Group Song, Group Dance and Solo Song Competitions
  - ✓ Display Board and Class Cleanliness Competition
  - ✓ Talent Hunt, Self-composed poems, English Calligraphy, Essay Writing
  - ✓ File making, Diya making, Card making, Thali Decoration
- **Sarabjot Singh and Naman Sukhija** of Class XII participated in the National Level Cooking Competition organized by IIHM Jaipur in the month of December 2018.
- **Sneha Kwatra** won the caption contest of ‘Pareeksha Pe Charcha’ 2.0 and was selected to attend honourable Prime Minister Sh. Narendra Modi Ji’s address to children at New Delhi. She was one among the 5 students who represented the schools from Chandigarh.
- Similarly, **Anmol**, Class XII pass out student of our Vidyalaya has got admission into the Yorkshire University, Canada.
- **Abhuday Dubey** got admission in BSC, Engineering (Comp. Science) from University of Alberta, Edmonton, Canada ranked at no 56 by the Webometrics Ranking Agency.
- In the **CCCC NATIONAL INTER SCHOOL CROSS WORD CONTEST 2018**, Aditya & Rohit Sharma of Class IX, bagged prizes.

### **Important Days and Events Celebrated:**

- The academic session began with the celebrations of ‘**Tarunostava**’ meant for the students of Class X who had written their Class X Examination to help them explore their understanding on various avenues pertaining to their careers and sensitizing them to various vocational skills. Many activities like learning the art of pot making, weaving threads into carpets, best out of waste and socially useful productive skills were an integral part of the project. Experts were invited for the same. Many workshops were conducted under the banner of Tarunostava to give wings to the understanding of the students:

- ✓ There was a special workshop on vocal classical music by Guru Anirban Bhattacharya, sponsored by VIRSA, at the Alankar Auditorium.
  - ✓ Environment Awareness by given Mr. Gurmeet Singh, Retd. IFS, VMC Member through his lecture on endangered species.
  - ✓ Learning how to weave out of threads and strings and create beautiful artefacts: This training was given by Mrs. Krishna, a parent member.
  - ✓ A workshop was conducted by Mr. Mohanjeet on organic farming and plantation.
  - ✓ A very informative lecture cum workshop was conducted by Dr. Sonal on Importance of First Aid. Students were given hands on experience on tying various kinds of bands/ knots in various kinds of emergencies.
  - ✓ Apart from this one-day workshop in Communicative Skills, interactions/ lectures with experts helped the students acquire a vision for their future.
- **Guidance and Counselling Exhibition** was conducted in the Vidyalaya on an elaborate scale covering all aspects of careers that students would seek for. The Exhibition included charts and wonderful display material meticulously prepared and presented by the students of the Vidyalaya. The Chairman of the Vidyalaya, Gp. Capt. R.K. Ramamoorthy inaugurated the event and appreciated the enterprising initiative undertaken by the students.
  - The Vidyalaya hosted its **Alumni Association Meet** for the session. It was a cherishing moment both for the ex-students of the Vidyalaya and the teachers.
  - The highlight of the academic session was the project, '**Parenting Education Programme**' undertaken by the Principal, Mrs. Sham Chawla wherein she interacted with parents of each class highlighting the importance of good parenting on the overall personality of the child thus bridging the gap between the school and the community. The project received tremendous response from the parents who suggested for similar interactions in future for their wards welfare.
  - Apart from this, important celebrations like International Yoga Day, Vanamahotsva, World Population Day, Paryatan Parv, Independence Day, Surgical Strike Day, Armed Forces Day, 150<sup>th</sup> Birthday Celebrations of Mahatma Gandhi, Investiture Ceremony, Road Safety and Fire Safety Day, Teacher's Day, Month long Swachh Bharat Mission, Vigilance Awareness Week, Mera Bharat, Mera Gaurav, Grandparents day, Children's Day, KVS

Foundation Day, World Population Day were celebrated with great verve and zest.

### **Games & Sports:**

- 16 students from the Vidyalaya participated in the KVS National Games 2018:
  - ✓ 3 students represented the Vidyalaya in the KVS National Taekwondo event. Saksham of class VI received Silver medal and a cash award of Rs. 8000/- in 35<sup>th</sup> National Sub Junior Taekwondo Championship 2018-19.
  - ✓ 4 students represented the Vidyalaya in the Table Tennis (Girls) National and two students Puneet and Komal received a silver medals and a cash award of Rs. 3000/- each.
  - ✓ In Boxing (Boys) two students represented the Vidyalaya out of which 1 student Prabhjot won the bronze medal.
  - ✓ In Badminton (Boys) one student participated in the National Games.
  - ✓ In Volley-Ball (Boys) three students represented the Vidyalaya in the National Games.
  - ✓ In Kabaddi (Girls) three students from the Vidyalaya represented the Vidyalaya in the National Games.

### **Social Science Exhibition:**

- ✓ Students performed to the best of their capabilities in the Cluster level and the Regional Social Science Exhibition cum National Integration Camp.
- ✓ Rishi, student Class XII, stood third at the Regional Creative Writing Competition.
- ✓ Simranjot Kaur, Student Class XII, stood third in the Regional Level English Debate Competition.
- ✓ 8 charts from the Vidyalaya were selected for the Regional Social Science Exhibition.

### **Scout and Guides Movement:**

- ✓ The Scout and Guides Movement is being undertaken with great fervour towards creating a feeling of nationalism & servitude towards humanity amongst the students.
- ✓ Pravesh & Pratham Puraskar testing camp were organised at Vidyalaya level.
- ✓ 2 Guides, 3 Scouts participated in 'Rashtrapati Testing' camp 2018.
- ✓ 5 Guides and 1 Scout qualified Rajya Puraskar Testing camp.
- ✓ 3 Guides and 8 Scouts qualified the Tiritiya Sopan Testing Camp.

- ✓ 6 Guides and 6 Scouts qualified the Dwitiya Sopan Testing Camp.
- ✓ ‘**Vidyalaya Colour Party**’ both for Scouts & Guides and Cubs & Bulbul takes active part in all events of the Vidyalaya.
- ✓ 2 Cubs and 2 Bulbuls participated in Rajya Puraskar Camp held at KV Sec-29, Chandigarh.
- ✓ Two Cubs Ramandeep Singh and Kuldeep Singh of the Vidyalaya have received the **Golden Arrow Award of Rs. 1000/-** for competing in the Rajya Puraskar Camp.

### **Common Minimum Programme: Primary Section**

- ✓ Students from the Primary participated in various activities conducted under the CMP. In various sports activities, the Vidyalaya got third position in Football and second in Kho-Kho. In Relay Race, the boys got Bronze and the girls got silver medal.
- ✓ Kirat of Class II participated in Carrom Board competition and stood first.

### **Science & Technology**

- ✓ Students participated in the Regional Level **National Children Science Congress at K V 3 BRD, Chandigarh**
- ✓ A project titled ‘**Manure from Paddy Stubble**’ by Simranjeet Kaur, Class XI A, has been selected for the **National Children Science Congress**.
- ✓ 1 student represented the Vidyalaya at the national Level NCSE at KV IIT, Kanpur held from 1.12.2018 -6.12.2018.
- ✓ 07 students from the Vidyalaya participated in Regional Level JNSMEE at K V Sec-47, Chandigarh on 19.12.2018.
- ✓ 09 students from the Vidyalaya attended the JIGYASA Programme held at IMTECH-CSIR, Sector 39 on 17.09.2018.
- ✓ Under the JIGYASA activities, 2 students participated in the Debate and Poster making competition at Cluster Level. A Poster made by Payal Priyadarshini, student Class XII, was selected at the cluster level Poster Making Competition.
- ✓ A Poster made by Payal Priyadarshini, student Class XII, was awarded 1<sup>st</sup> Prize at the Regional level Poster Making Competition.

- ✓ 3 students participated in the SPOT (Science Promotion Orientation Test) Online on 27.10.2018.
- ✓ 13 students participated in the VVM (VidyarthiVigyanManthan) on 28.11.2018. This was also an online test.

#### **Atal Innovation Mission:**

- ✓ The Vidyalaya is one among the few chosen KendriyaVidyalayas in which a team of experts from NIPER Mohali came to address students on topics from Chemistry domain, Biology and Natural Products and Medicine. Another team in the same series lectured on 3 D Printing, Artificial Intelligence, Remote Health Care, Advanced Genomics etc.
- ✓ Under the banner of Atal Innovation Mission, NitiAayog, Govt. of India, a mentor **Mr. Amar Vivek, Advocate, Punjab and Haryana High Court Chandigarh**, was deputed to visit the Vidyalaya along with his team and enlightened the students on Career Prospects in Law.
- ✓ Students were immensely benefitted by the interactions with the experts.

#### **Virsa Activities:**

- ✓ Students learn various instruments through ‘Online Classes Organized by Routes to Roots’.
- ✓ Added to this our students are attending the following online classes regularly:
  - ✓ Kathak, Bharatnatyam, Guitar and vocal classical, Harmonium class, Tabla and Theatre
  - ✓ A group of students of Virsa Classical vocal participated in the National Level Virsa Competition held in January 2019.

#### **Vidyalaya Achievements:**

- ✓ Vidyalaya successfully hosted “**The Regional Incentive Award Ceremony**” at Alankar Auditorium at AFS High Grounds.
- ✓ The Vidyalaya got the opportunity to conduct Regional Debate & Quiz Competition under the Regional Social Science Exhibition 2108.
- ✓ Two Cubs of the Vidyalaya have received the **Golden Arrow Award of Rs. 1000/-** for competing in the RajyaPuraskar Camp.

- ✓ In **BYJUs Discovery School Super League 2018** Exam Round, seven students from the Vidyalaya have been selected for the second round.
- ✓ The Vidyalaya has received a grant to smarten **5 classes of the Vidyalaya with 5 IPADS, Sony Projectors and Apple TV boxes** that have been set up in the Vidyalaya and the teachers have been trained to teach through technology.
- ✓ The Vidyalaya Science Labs have been updated under the scheme of **‘Modernisation of Existing Science Labs’** in which around 42 items have been added in the Science labs.
- ✓ The **ATL lab** of the Vidyalaya is regularly visited by the experts who provide training to the students for innovative projects. The students have made a **‘Weather Station Project’** which can monitor current humidity, temperature etc. They have also learnt to design drones under the scheme.

With each academic session, the Vidyalaya soars up to take yet another flight to the domains of learning through experiences, undertaking new innovations beating the challenges that inspire it to explore new realms aiming at holistic growth. Students are exposed to learning language through technology in the Language Labs, flying drones through Atal Tinkering Lab and connecting to the roots with ‘Virsa’. These ennobling experiences of ‘learning by doing’ on the part of students are creating ripples in the water as these youngsters are ready to embark on the greener pastures with aplomb and fortitude.

**Compiled by Aruna Dhiman, PGT(Engl.)**

**Editor in Chief, Vidyalaya Patrika**

A decorative border of small yellow stars surrounds the entire page. The stars are arranged in a rectangular frame, with a slightly thicker line at the top and bottom edges.

# **ENGLISH SECTION**

## **BUDDING POETS**

### ***My Vote, My Right.....***

*We are the teenagers.*

*A piece of paper when flies in air, flies high in sky*

*A drop of water when flows, never make the ocean dry*

*Then why are you waiting for a chance?*

*You can't give up,*

*Because the world is waiting for you, to see your talent.*

*You are young enhancers of the world.*

*Don't let the poor sinners think themselves as backward*

*Don't let the spring go away.*

*Because the world is waiting, waiting for you.*

*To see your tests, your powers.*

*You are the one who can change the world*

*You are the youth that bring the unity*

*You are the light that can prevent the dark*

*You are the spring that can bring the summer embrace your life.*

*Because the world is waiting for you to be a legend.*

*So stand as a representative*

*And become an inspiration of all generations.*

*You are our future and the entire world is waiting for you .*

**Rakshita Garg, XII-B**

### ***Yuvika in Wonderland.....***

*When I stepped out of house*

*I saw a little mouse*

*His eyes were like, he has drank wine.*

*I asked him "Are you ok"*

*He said " I am fine"*

*Suddenly he banged with a tree,*

*& fell down on a bumble bee.*

*The bumble bee was very angry.*

*Then he called his friend named Sandy*



*They chased & collided with the mouse.  
The plight of mouse was very painful  
With sympathy, I asked him "Are you ok"  
He said smiling " I am fine'*

**Yuvika Dhiman, Class VI**

### **INDIA'S PRIDE...**

*Oh, Kargil warriors  
You were enemy's barriers  
You fought for our motherland  
Sacrificing your life so proud  
The battle was so fierce  
And nothing would console your family's tears.  
You laid down your life  
Not bothering about your parents, children and wife  
You defeated the enemy's crowd  
And made the country proud  
We are all proud of you  
And the whole country salutes you!!  
Jai Hind*

**Bushra Nasim , XI-B**

### **NATURE OF NATURE**

*Is the nature of nature,  
is like human nature?  
obviously not. But I think  
it is. As-  
it cries, when it rains,*

*It sighs, when the breeze roars,  
It dances, when the trees budge  
and its like thunderbolt, when a father scolds.*

*The nature is like a person's brain,  
normally it keeps silent , but  
sometimes it its violent.*

*And that's why, I think*

*The nature of nature,  
is like human nature.*

**Swapnamoy , Class XI A**

### **A ROAD ACCIDENT**

*Thinking of few people is totally zero  
But in their own eyes they are hero.  
They cover their eyes with a black cloth  
while seeing something wrong on the road.  
Some of them are busy on making videos  
While the others are very scar'd to stand in the front of cops.  
But in their own eyes they are on top....  
No one helps the injured person, no one calls the ambulance  
But they should realize the huge mistake  
God forbid.....if the injured is one of their own  
A few minutes later, an ambulance will come  
And will take the injured one  
But in most of the cases they are too late*

*And a beautiful life claimed to fate*

**Ramandeep Kaur, 11 A**

**FRIENDSHIP IS WORTH AS GOLD**

*Friendship is worth as gold  
And always rich and bold  
Friend ship is like magical gate.  
That increases craziness rate.  
Friendship gives strength to flow fluently.  
and will lead your life to glow beautifully  
Friendship is a book full of compliments.  
Friendship is a look without any comments.  
Friendship is a strong bond of trust  
That can't easily burst  
So friendship is worth as gold  
And always rich& bold.*

**My Strength**

*My Mom, a normal mother like others.  
Tolerated immense pain, to give birth to me.  
She bore the pain of separation,  
when the teacher pulled my ears, with my crying face.  
towards the school, a many times.  
For me, she did what she could.  
She guided me at every step.  
But – what did I did with her?  
I hurt her many times, while shouting at her.  
while disobeying her, And I am sorry for that.  
But I want to say,  
These 17 years with you, were the most precious moments.  
and I wish this will continue, for long, even when I am sixty  
O Mum! you are great, and your job....is the toughest  
And you did it, hats off to you.*

*You are an incarnation of God.*

**Anuradha, Class IX C**

***A Ride to my Class XC***

*Welcome to section "C" of class Xth  
I take you for a ride to our class  
Meet our teachers generous and kind  
Ready to help us all the time.  
Khushleen and I are best friends for life  
both of us playing pranks all the time.  
Witty and talkative are buddies Anu and Priyanka  
Sareeti, Jasleen and Mansi always smiling  
You can see Mandeep always laughing.  
Ritika is shy all time.  
Komal and Shagun leave a royalty which shines.  
We all are sly and naughty  
and want to enjoy our student life slowly  
You may find my class humorous  
but all the students here are, Genius'.*

**Lavanya Thakur, XC**

***Choreography is my Passion***

*I like to do choreography  
Dancing is my life, my breathe  
But I'm not so good at studying  
But this makes my parents unhappy  
They say, it's a waste of time: This Choreography  
My dreams, my passion, my hands, my fingers*

*Dance to the rhythms of music.*

*Oh God! help me fulfil my dream, my ambition.*

**Himanshu Kumar, Class XIB**

### **Farmer's Life**

*A man in the scorching sun looks at the sky,  
Finds no hope of rains and sees his crops die,  
With his feet blazing in the burning sand,  
Prays to the God to shower rain on his land,*

*Overjoyed by seeing the dark lightening clouds,  
Which appear like a balm on the parched earths in rounds,  
Nurturing, caring for his crops as his own child in winters,  
Fruits of his hard work, he receives after harvesting,  
Is even insufficient to recover the amount he used in investing,  
But still he works again hard with his heart go wry  
No, don't be ever a farmer .....to his son, he would cry.*

**SIMRANJOT KAUR, XIIC**

### **REFLECTIONS.....**

#### **PATRIOTISM**

*A person who strongly supports and is ready to defend his country is a patriot. The feelings and the qualities of a patriot are known as patriotism, we naturally have some association with the place we live in and with the people, as our relationship starts, with our mother, father, sister, brother, aunt, uncle and goes on widening. We love each other in our family and we should love everyone in the vast family of our nation. If we begin to feel that our nation, our motherland is one large family, we the people of nation will grow as well-knit family. We feel, we are related to one another as brothers and sisters and unity is our strength. United we stand, divided we fall. This is the most precious lesson; we should always remember. Patriotism demands of us to be good citizens, law abiding people and to contribute to the common good of our people, it encourages us rise above self and do something for our country. He should cultivate good qualities of head and heart, the spirit of selflessness, self-sacrifice helps us shake off mean and low feelings. This sincerity enables the country men to work hard and to make our country a social welfare state and thus martin her honour and glory in the eyes of the world. Men with patriotic feeding are the real wealth of nation. Not gold but only men make a nation*

great and strong, they build their nations pillar deep and lift them to sky. India has proud heritage of the noblest patriots. Who sacrificed all their belongings and even gave up their lives for the cause of motherland. The freedom struggle of India has golden chapter in the history of the country. A true patriot lives and dies for his motherland. He is loved and respected in life and also after death, such a patriot is immortal. Among such men are Mahatma Gandhi, Subash Chandra Bose, Bhagat Singh and many more. A patriot is bold and fearless in the face of even death. He knows "a coward dies many times before death the valiant never taste of death but once". But there is one thing regarding patriotism which should be kept in mind. Patriotism means love for one's country but it does not at all imply the sense of hatred for other countries. On the other hand the spirit of self-sacrifice should be extended to the entire human society. It means that patriotism should teach us love and service to humanity. As Mahatma Gandhi rightly said, **"My patriotism includes the good of mankind in general"**

**Angel Singh, X A**

#### **WE SHOULD BE CONTENT WITH WHAT LIFE GIVES US.....**

Are you satisfied with what life has given you? ... Most probably your answer would be no. But I would say that be content and happy with whatever life gives us. There are money problems in everyone's life, but we all think that our pain is greater than anyone else's. Due to this, we are regarded as bad person, but no one knows that we are a good person, with whom bad things had happened. So just simply be happy, with what life has rewarded you with. We all know that parents are the biggest blessing, we have, but then also we say bad things to our parents in anger. But, remember there are many people in this universe, who don't have parents, or who had those bonds but were broken afterwards due to some reasons. Those people know the pain that solitude brings better than anyone. Remember, the loneliest people are the kindest, the saddest people smile the brightest, the most damaged people are the wisest, all because they don't wish to see anyone else suffer the way they did. Life has brought jeopardy or danger in everyone's life in one or another way but we shouldn't get depressed over small things because may

*be someone is suffering more than we are. So be happy with wat life has given you, may be others even can't enjoy those privileges which we can or which we are.*

### **BOOK REVIEW: OLIVER TWIST**

*A few days back, I got an opportunity to read a novel 'Oliver Twist' written by Charles Dickens and I was so moved after reading it that I wanted to share it with everyone.*

**Storyline:** *Oliver Twist is a nine – year old orphan boy who doesn't know who his parents were. He escapes from a work house to London where he meets the artful Dodger, leader of the gang of the juvenile pickpocketeers. Fagin, the leader of a criminal gang of boys, the trains Oliver for unlawful activities, which was unfamiliar to Oliver. The poor boy struggles to come out of this trap of the criminal activities. It is a very painful story. At the end of the story he has escaped and is living with his aunt Rose, and Mr. Brownlowe,, and all the criminals including his half-brother monks were punished and imprisoned.*

**I liked the character of the protagonist** *of the story Oliver twist. As Oliver is a figure of innocent childhood, the centre of the plot, the person connecting the various social classes and communities represented.*

**The most touching event** *of the story is when Oliver, being hungry, asked for more porridge at the workhouse. The poor boy did not know that they ought not ask for the second serving. But as he had asked earlier he was beaten so badly that he never dared to ask for more again.*

*I always had a rosy picture of England and its rich people in my mind, but after reading this story of Victorian England following industrial revolution, I was*

amazed to discover that England too badly suffered from the menace of disease and poverty during those times.

**Shagun Bhardwaj- XII C**

**TRAVELOGUE: A VISIT TO SHRI HEMKUNT -HEAVEN ON EARTH**

*For a second I lost myself....*

*It is the only reward of the hurdles which I & my family members bore by covering a long distance across the mountains. I gradually felt very happy, cheerful, emotional when i reached there, where my eyes stuck only at one place. The religious gurudwara Shri Hemkund Sahib, devoted to the 10<sup>th</sup> guru of Sikhs Guru Gobind Singh, Ji. The beauty around that place is really admirable. There is an ample variety of flora & fauna. That place is surrounded by seven mountains peaks, each adorned by a Nishan Sahib on its cliff. The place is entirely covered with white snow blankets, which was falling as if somebody throwing small balls of cotton over us. The temperature was very low, even I cried there 3 times while travelling. The cold wind had frozen us. The water in the sarovar was very chilled and fully covered with ice. But when we reached inside the Gurudwara, the peaceful serenity of the place touched my heart very deeply as never felt before. It took five nights and 6 days to reach there and come back, we visited many beautiful places such as Nagrashu, Rishikesh, Kaudiyala, Devprayag, Rudraprayag, Karanprayag, Neergarh, Chamoli. The water flow in the river Ganga was very high as it was making loud noise over our sides where we were trekking the toughest 15 kms to reach the heavenly place. There I really missed my home but when we came down to the same roads & going back, then I realised that we humans are creating pollution on earth. I even couldn't breathe properly because of air pollution but that place was relatively pristine which has made all the difference. This wonderful has left an immense print on my heart!!!*



*Simranjeet Kaur, Class XII C*

### ***Public Speaking: Ways to Overcome Fear***

*Narrowness in certain situations is normal, and public speaking is no exception, many individuals with this fear avoid public speaking situations altogether. But with preparation, they can overcome this fear:*

- Know your topic well. The better you understand your topic; the fewer mistakes you will make.*
- Do some deep breathing exercises, before you get to the podium.*
- Practice your speech well. Consider making a video of your speech so you can watch it and see opportunities for improvements.*
- Don't fear a moment of silence. Even if it's longer, it's likely your audience won't mind to consider what you had been saying. Just take a few slow, breaths.*
- Plan your speech before hand. If possible, visit the place where you'll be speaking and review available equipment before your presentation.*
- If possible, utilize the school stage for the purpose. Even if you commit mistakes, you would be encouraged to perform better.*
- The more you repeat your performances on stage, the better it would be for you.*

***Compiled by Sparsh, XII C***

### ***TECHNOLOGY:A NECESSARY EVIL***

*The human race has come a long way, from being dull cave men to simple village folk to the people we are today. Technology has changed humanity in a mind*

*boggling & bizarre way. Who would have thought that a 100 years from now that travelling to space will be possible.....that we will be able to break the barriers of the shell that is our earth? Now all that might sound really pleasing but tech is not all amazing & perfect as it may seem, like all things it also comes with its downsides when used the wrong way.*

*In the past 50 years and so, the rapid growth of technology has seemingly replaced the simple & necessary things in life. Some may call it productive, others a sort of laziness. To be honest, it is in our very nature to be lazy, think of it. A few years back our elders had to actually research & read books on certain topics to actually prepare a project on it and then present it. Not only did this incite creativity and provide a sense of accomplishment, it was also quite healthy for the mind. The GYM wasn't really a thing people needed to go to maintain a good health. Common household chores were enough to keep them hale and hearty. People actually had to use stairs instead of elevators.*

*These days it's completely different. If you want a project done or just have a question, you can simply spend a few minutes on the internet& bam! Mission accomplished. You need to get your clothes cleaned? Well no worries, the washing machine has got you covered. In need of food? No problem, just one phone call & everything will be at your door step the next minute. See.... things have completely turned around; life has changed drastically. In a negative light, all this is*

*disgustingly unhealthy for us, not only is this the cause of the countless diseases reported every year, it also causes laziness & instant gratification. which in a nutshell is people wanting things being done right in that same time. This has caused a huge down fall in product quality that consumers use.*

*Earlier people used to socialize and meet each other. Children would use their creativity to play games with each other to spend the time and enjoy the summer days with their friends. These days, people are stuck on their mobile screens & won't budge. The familial bond that used to exist is no longer felt and is non-existent. People are entangled in the dangerous web of Social Media, People only care about "Showing Off". Children spend their time indoors playing video games & wasting their ripe age away. **Again all this is made possible via the wrong & lazy use of technology. One can even say it is exploitative.***

*Finally, the intent of the article is to not attack advancement and development of technology. I am myself, personally a fan of technology and I am all about the fancy gadgets, features and the behemoth amount of opportunities it offers. The article is simply trying to shed light on how negatively technology can affect if we use it for the most basic & trivial things that we surely can do ourselves. It is quite Ironic how technology is related to progress but on the other hand it stops us from doing simple things like cooking our own food!*

**Simarpreet Singh, XI A**

**IT WAS JUST A BAD DREAM.....**

*It was the day of my Mathematics final exam. I was blank minded after my late night study. I was very upset as I was a bit late. I missed the school bus and as my bad luck would have it, it started to rain and I was under the roof of the bus stop. This added to my worries.*

*Double fear started haunting me, one that of Mathematics exam, another that of reaching school in time which seemed to me like an impossible condition. Bad thought started occupying my mind. Whether I would reach the examination hall in time? Whether I would fail in my exam?*

*Then without thinking of my uniform, I ran towards my father's office to call my father. He would drop me at my school. I started running. I was now fully wet and dirty. And after few minutes, the rain stopped. I was thinking that why didn't I wait for some minutes at the bus stop. Now what to do? I was suffering from the starting of the day.*

*After reaching the office, I called my father, waited for some time and he arrived. And then he dropped me at the school comforting me and wishing me the best of luck.*

*I was not late. After some time, I got my lost power back and the temperament too. I was energetic. When entered the examination hall, there were only a few students. After an instant of time a teacher came and told that the exam has been postponed to next 2 hours.*

*I was still blank headed. I thought to study a little bit at this time. When I started to study, suddenly, I heard my mamma screaming. "Get up" otherwise you will be late! "GET UP"*

*I suddenly fell down from the bed and after that I stood up. I asked my mamma that when are my exams. She told next week. I thanked my god realizing that, "IT WAS JUST A BAD DREAM."*

**Sahitya Rankawat, IX A**

**MY BEST DREAM EVER:**

**Yesterday when I woke up.....**

*Yesterday when I woke up I found myself famous. I got a big shock, many cars stood waiting on the drive way, and a helicopter was standing on the helipad in one of the lawns. I was surprised at this certain transformation! How could I become*

such a famous girl overnight? But this transformation was very exciting. I was sitting at a big glass dining table with my family ,five servants were waiting for me to bring me anything that I wanted. My secretary came rushing and humbly asked me to hurry up as I had to reach the shooting site at 11:00 am sharp. He told me that my schedule was packed until late night. I reached shooting site, a huge crowd of people swelled to see me. My bodyguards really had to work hard to keep people away from me. The director welcomed me. Everyone was congratulating me for my perfection at acting. It was wonderful ....and then.... the shrill cry of my mother ‘Wake up, you lazy girl’, you are getting late for school, woke me up. As I woke up, the dream was gone. I come back to my senses. I had my last exam that day.

**Mahima, Class X A**

**IF I WERE INVISIBLE.....**

If I were invisible, I would like to do the first thought that comes in my mind, that is, giving my evil sister some delicious slaps which would give my heart an endless relaxation. Making funny figures on her face while she slept, would become my routine. Apart from my sister there are lot of wishes that I would like to complete while in invisibility. I would make this ability a source for earning money. I might not go towards extremely bad ways which usually have great risk of getting caught. I would start a magic show after engaging a partner on an open platform. I would make a training session for making me learn of being silent, so that no one could notice that somebody was with them. I might also go to some costly Malls and eat many eatables and enjoy the taste of the food which I wished to eat or the food which I never ate. It would become a great experience because no one could see me and I could do whatever I wanted.

But being invisible for permanent basis is not a good situation as thought by most of us. It might be a reason for increasing distance between our relationships with loved ones. I might neither get a friend not anyone’s company most probably, I might have to suffer from loneliness. Therefore, my condition for being invisible should be that I can control my power and become invisible only when I wanted to be so.

**Aman Kumar, XI A**

## **Benefits of Yoga in Our Life**

*Yoga is the major part of our life for being healthy and fit. A person who has a busy schedule and still stays fit and far from illness definitely does yoga. On 21<sup>st</sup> of June, every person performs yoga for wellness as this day is celebrated as the International day for yoga. On this day, every year our honourable Prime Minister Shri Narendra Modi performs yoga with public and also in his daily life.*

*Yoga has connected us to our roots; it has connected us to our ancient culture. The world is being progressive about curing illness and yoga is about ending illness. Yoga is far from the culture of caste, creed, colour and races it's about peace and harmony. The slogan for this year for yoga day is 'yoga for peace, harmony and prosperity'*

*If we try to express the benefits of yoga in words, then it is not possible as it has unlimited words. it can only be felt by heart, brain, nervous system and whole body. Yoga is about discipline; it is not about touching your feet it is about bending. It is not about stretching your body; it is about dreaming to touch the sky. It is not about asana or pranayama, it is about being connected to our culture.*

*Yoga has a vast list of asana and pranayama that help to live a healthy and fit life. The asana include stretching and bending of our body, for example Tad asana, Trikonasana, vrikshasana and many more. The pranayama is about controlling your breath and nervous system, for example Anulomvilom pranayama and others.*

*Each asana of yoga has some special benefit and has some special features of its own. A vast list of asana and pranayama has special techniques in it but if performed wrong it may also give side effects, as yoga's first step is discipline. A person who performs yoga regularly stays fit and perfectly healthy, away from diseases and illness. It has a strong power of curing diseases and keeping diseases away. Constant yoga must be done by slowly increasing the duration of each asana and pranayama. So, on this yoga day lets decide to do yoga for peace, harmony and prosperity.*

**Gargi Mishra, IX-B**

**Wise Conversation: Speed Thrills, But Kills**

*It was Armaan' s 16<sup>th</sup> birthday, he demanded a new motor bike from his parents as a gift.*

*Armaan : Dad , I want a gift on my sixteenth birthday .*

*Papa: Yes, my child! What you want?*

*Armaan: Motor bike .....*

*Dad: Motor bike! But I feel that it not the right time for this. Children of your age demand such things from their parents but do you know that they face serious problems when their parents fulfil their needs.*

*Armaan : What serious problems are faced by them?*

*Dad: Sometimes, young boys of your age, when they get together, consume alcohol not knowing that it can have a delirious effect on the body that can lead to unbalancing of the body and cause severe accidents. Not only this, as parents, we would be put behind the bars, not you, for purchasing and allowing you to drive.*

*Arman: O my God! I didn't know this.*

*Dad: Yes, not only this I have seen children below eighteen years of age using cell phones while driving. They also find thrill in overspeeding and disobeying the traffic rules. I have already told you the consequences.*

*Arman : So, what is the right age for me to drive.*

*Dad: Eighteen Years!*

*Arman : Not bad..... not too far....*

*Dad &Armaan :( both laugh): Ha, ha , ha*

# हिन्दी विभाग



## लोकतंत्र (कविता)

योजना उजाले की फेल हो गई |  
मौसम की साजिश का हो गया शिकार,  
लगता है सूरज को जेल हो गई |  
संसद से आँगन तक रोज , बजट घाटे का  
महंगी तन ढकने की हो गई लंगोटी भी  
खतरे में दिखती है चटनी और रोटी भी |  
देश, धर्म, नैतिकता नारों के हिस्से हैं  
लोकतंत्र नाटक है कुर्सी के किस्से है |  
सब अवसर वादी है, सत्ता के भूखे हैं  
खादी के कपड़ों के पीछे बंदूके है |  
जिसकी बंदूक है उसकी सरकार,  
राजनीति गुंडों का खो हो गई |  
मुश्किल से मिलती है कुर्सी, कुछ वर्षों की  
कैसे फिर याद रहे बातें आदर्शों की |  
सत्ता की मदीरा का छा गया शुमार  
चढ़ गई शराब कॉकटेल हो गई  
लगता है सूरज को जेल हो गई ||

नवनी गर्ग

## जन्मलेती है बेटी

जब-जब जन्म लेती है बेटी ,  
खुशियाँ साथ लाती है बेटी ।  
ईश्वर के सौगात है बेटी ।  
सुबह की पहली किरण है बेटी ।  
तारों की शीतल छाया है बेटी,  
आगंन की चिड़िया है बेटी ।  
त्याग और समर्पण सिखाती है बेटी,  
नये नये रिश्ते बनाती है बेटी ।  
जिस घर जाए, उजाला लाती है बेटी,  
बार - बार याद आती है बेटी ।  
बेटी की कीमत उनसे पूछो  
जिनके पास नहीं है बेटी ।

जसलीन कौर

## स्वच्छ विद्यालय

स्कूलों में साफ़ सफाई को बढ़ाने के लिए मानव संसाधन विकास मंत्री ने स्वच्छ विद्यालय अभियान का उद्घाटन किया था । इस अभियान में भारत के सभी विद्यालयों में साफ़ सफाई अनिवार्य कर दी गई थी । विद्यालय में साफ़ सफाई बहुत जरूरी है क्योंकि हमारे देश के भविष्य निर्माता विद्यार्थी रोज स्कूल में जाते हैं और लगभग अपना पूरा दिन वहीं बिताते हैं । अगर विद्यालय साफ़ सुथरा नहीं होगा तो विद्यार्थियों का स्वास्थ्य खराब हो सकता है और उन्हें की बीमारियाँ हो सकती हैं । विद्यालय साफ़ सुथरा तथा रंग-बिरंगा होना चाहिए जिससे की विद्यालय की दीवारें भी अच्छी रहेंगी जिससे बीमारियों वाले बैक्टीरिया उत्पन्न होने की संभावना खत्म हो जाएगी ।

शिखा त्रिपाठी, VII-ब

## पानी

आज अगर बर्बाद करोगे,  
फिर बहुत पछताओगे,  
जब हाथ होंगे खाली,  
फिर किसको समझाओगे ।  
सोचो सोचो ध्यान से सोचो,  
जल के बिना जल जाएँगे ।  
पहले खुद समझो, फिर समझाओ औरों को,  
पीने वाला बहता जाता, न संभालो खारों को ,  
महंगा जो पानी हो गया, फिर खरीद न पायेंगे  
सोचो सोचो ध्यान से सोचो,  
जल के बिना जल जाएँगे ।  
पेड़ पौधे खूब लगाओ, बारिश के पानी को बचाओ,  
एक साथ सभी खड़े हो जाओ, ये तो जरा मुझे बताओ,  
तेजवीर है चिंता में, कैसे जल को बचाओगे,  
सोचो सोचो ध्यान सोचो, जल के बिना जल जाएँगे ।

## सपनों का भारत

आजादी के साल हुए कई,  
हमने क्या पाया है,  
सोचो था कि क्या होगा लेकिन,  
हमने क्या पाया है ।

राम राज्य सा देश हो अपना,  
बापू का था सपना,  
चाचा बोले आगे बढ़कर,  
कर लो सबको अपना,  
आजादी छिने ना अपनी,  
दिया शास्त्री ने नारा,  
जै जै किसानो की,  
जय जीवन हमारा,  
इनके सपनों को हम,  
कैसे साकार करेंगे,  
भ्रष्टाचार हटा देंगे हम,  
आगे तभी बढ़ेंगे,  
मुश्किल नहीं है पूरा करना,  
इन सपनों का भारत,  
आओ मिलकर कसम खायेंगे,  
भारत को स्वच्छ बनाएँगे ।

हर्षप्रीत सैनी

### मानव धर्म

मानव ,प्रकृति की सर्वश्रेष्ठ रचना है प्रकृति में सभी प्राणियों में वह अपनी बुद्धि व चिंतन प्रवृत्ति के कारण अग्रगण्य है । उस का पूरा जीवन उसके विचारों से संचालित होता है । चूँकि विचार सदैव विविधतापूर्ण होता है । इसलिए आज व्यक्ति विभिन्न मतों, सम्प्रदायों व समुदायों और धर्मों में बँटा हुआ है ।

विश्व के सभी धर्म मानव में विद्यमान दैवीय गुणों को विकसित करने की शिक्षा देते हैं। आपसी प्रेम, सदभाव, शान्ति, अहिंसा, सहयोग, सहिष्णुता, कर्तव्य परायणता सभी धर्मों का सार है और सब से प्रमुख “मानव धर्म” का आधार है।

जीवन के सुचारू रूप से संचालन के लिये हमें कुछ मानवीय मूल्यों व नैतिक सिद्धांतों का पालन अनिवार्य रूप से करना पड़ता है। हमें विविध संस्कृतियों के बीच आपसी समन्वय व सदभाव के लिये इन मूल्यों को महत्व देना चाहिये।

मानव संस्कृति का विविधतायुक्त होना हमारे जीवन की सुन्दरता है जैसे एक बाग में विविध रंगों, आकृतियों व प्रकृति के फूलों से बाग की सौन्दर्यता में वृद्धि होती है। ऐसे ही इंसान-इंसान के विभिन्न धर्म, जाति, रंग व सम्प्रदाय दुनिया को बहुत खूबसूरत बनाते हैं। विविधता समस्या नहीं है, समस्या है संकीर्णता।

इस संकीर्णता के कारण आज दुनिया में विभिन्न समस्याओं यथा- आंतकवाद, क्षेत्रवाद, जातिवाद, अलगाववाद, साम्प्रदायिकता का जन्म हुआ और इंसान का दम घुटता जा रहा है।

यदि हम संकुचित मनोस्थिति से ऊपर उठकर अपने सभी धर्मों का सम्मान करके एक सार्वभौमिक मानव धर्म का परिपालन सुनिश्चित करें तो हमारी समस्याओं का समाधान सुनिश्चित है।

सभी महापुरुषों का भी एक ही संदेश है कि मानव-मानव में आपसी प्रेम व सदभाव ही जीवन का असली सार है और यही मानव धर्म समस्त धर्मों का सार है।

जयहिन्द।

विजयसिंह राजपुरोहित,  
स्नातकोत्तर शिक्षक (इतिहास)

## स्कूल मेरा है महान

स्कूल मेरा है महान

अध्यापक हमारे बढाए इस की शान

नई - नई चीजें रोज हमे सिखाते हैं ।

अपने बच्चों के जैसे प्यार जताते हैं ।

हर एक टीचर का अपना अलग है अंदाज

स्कूल मेरा है महान ।

प्रिंसिपल जी की तो बात न पूछो

बेमिसाल है इनका किरदार

हर पल हमें सिखाते है पढ़ो लिखो और बनो महान

हरियाली को पसंद बहुत वे करते है ।

पेड़ लगाओ देश बचाओ, हर बच्चे से वे कहते हैं ।

थोड़ा सख्त थोड़ा नरम हैं इनका स्वभाव

स्कूल मेरा है महान

जो कुछ सिखा मैंने अपने स्कूल से

ब्यान कर पाना मुश्किल है

बस इतना जानती हूँ मेरे स्कूल में पढ़ने वाले

हर एक बच्चे का उज्ज्वल भविष्य है ।

कामयाबी की एक राह हमें सिखाता

सिर हमारा गर्व से ऊँचा हो जाता

जब केन्द्रीय विद्यालय का नाम जुबां पर आता है ।

निकिता ,XI ब

उन्होंने मुझे समझाया है !

इक वो दिन था

इक आज का दिन है,

उस दिन खिलखिलाई थी

आज उस खिलखिलाहट की वजह समझ आई है ।

मैंने दो माँ का प्यार पाया है

गलती होने पर,

उन्होंने मुझे समझाया है

दुनिया गलत न कह सके इस काबिल बनाया है ।

अपने पापा को दोस्त बनाया है ,

उनसे झूठ बोलकर

थप्पड़ भी खाया है

उन्होंने ही मुझे समझाया है

सच का मतलब बताया है ।

मैंने अपने दादा- दादी को यार बनाया है

बहस करने पर

उन्होंने चुप रहना सिखाया है

उन्होंने ही मुझे समझाया है

जहाँ जरूरत हो वहाँ बोलना सिखाया है ।

मैंने अपने शिक्षकों को गले लगाया है

सही गलत सब सुनने के बाद

उन्होंने दोनों का फर्क बताया है

उन्होंने ही मुझे समझाया है

खुद पर भरोसा करना सिखाया है ।

अपने दोस्तों का मज़ाक भी उड़ाया है

उनसे लड़ कर

खुद को अकेले पाया है

तब भी ,

उन्होंने ही मुझे समझाया है,

खुद पर हसने की कला से रूबरू कराया है।

मैंने अपनी के ज़रिये

खुद को बनाया है,

उन्होंने ही मुझे समझाया है

अकेले भी खुश रहना सिखाया है ।

उन्होंने ही मुझे समझाया है

उन्होंने ही मुझे बनाया है,

मुझे सजाया है और अपनाया है

उन्होंने ही खुद से खुद मिलना सिखाया है।

गार्गी मिश्रा - IX 'ब'



## पुस्तक समीक्षा

लेखक- मुंशी प्रेमचंद

पुस्तक- निर्मला

निर्मला, मुंशी प्रेमचंद द्वारा रचित प्रसिद्ध हिंदी उपन्यास है। इसका प्रकाशन सन १९२८ में हुआ था। सन १९२६ में दहेज प्रथा और अनमेल विवाह को आधार बनाकर इस उपन्यास का लेखन प्रारम्भ हुआ। इलाहबाद से प्रकाशित होने वाली महिलाओं की पत्रिका 'चाँद में वम्बर १९१५ से दिसम्बर १९२६ तक यह उपन्यास विभिन्न किशतों में प्रकाशित हुआ। महिला-केन्द्रित साहित्य के इतिहास में इस उपन्यास का विशेष स्थान है। इस नाम की २४ वर्षीय सुंदर और सुशील लड़की है। निर्मला का विवाह एक अर्धे उम्र के व्यक्ति से कर दिया जाता है। जिसके पूर्व पत्नी से तीन बेटे हैं। निर्मला का चरित्र निर्मल है, परन्तु फिर भी समाज में उसे अनादर एवं अवहेलना का शिकार होना पड़ता है। उसकी पति परायणता कम नहीं होती। उस पर संदेह किया जाता है, उस की परिस्थितियां उसे दोषी बना देती हैं। इस प्रकार निर्मला विपरीत परिस्थितियों से जूझती हुई मृत्यु को प्राप्त करती है। निर्मला में अनमेल विवाह और दहेज प्रथा की दुखान्त कहानी है। उपन्यास का लक्ष्य अनमेल विवाह और दहेज प्रथा के बुरे प्रभाव को अंकित करता है। दहेज प्रथा के बुरे प्रभाव को अंकित करता है। निर्मला के माध्यम से भारत की मध्यवर्गीय युवतियों की दयनीय हालत का चित्रण हुआ है। उपन्यास के अंत में निर्मला की मृत्यु इस कुंठित सामाजिक प्रथा को मिटा डालने के लिए एक भारी चुनौती है। प्रेमचंद ने मालचंद और मोटेराम शास्त्री के प्रसंग द्वारा उपन्यास में हास्य की सृष्टि की है।

निर्मला के चारों ओर कथा-भवन का निर्माण करते हुए असम्बन्ध प्रसंगों का पूर्णतः बहिष्कार किया गया है। इससे यह उपन्यास सेवासदन से भी अधिक सुगन्धित एवं सुसंगठित बन गया है। इसे प्रेमचंद का प्रथम 'यथार्थवादी' तथा हिंदी का प्रथम

मनोवैज्ञानिक उपन्यास कहा जा सकता है | निर्मला की एक विशेषता यह भी है कि इसमें प्रेमचंद के लोप ने केवल कलात्मक ही नहीं बना दिया है, बल्कि प्रेमचंद के शिल्प का एक विकास चिन्ह भी बन गया है |

### राष्ट्रभाषा हिंदी और हम

यह अंत्यंत गंभीर एवं विचारणीय विषय है कि आज भारत में हिंदी स्वयं अपने अस्तित्व के लिए लड़ रही है तथा इस लड़ाई में उसका कोई भागीदार नहीं है | या यूँ कह सकते हैं कि कोई भागीदार होना ही नहीं चाहता | आज विद्यार्थी से लेकर अधिकारी व राजनेता सभी के लिए ऐसी गंभीर परिस्थितियों का निर्माण करते समय आज तक कभी इस विषय पर ध्यान देना भी ठीक नहीं समझा |

परिवार को सामाजिक जीवन की प्रथम इकाई माना गया है | परन्तु यह चिन्तन का विषय है कि क्या एक परिवार आज अपने दायित्व का निर्वाह कर रहा है या नहीं | आज एक भारतीय परिवार में छोटे बच्चे को 'जयहिन्द' या 'नमस्ते' नहीं बल्कि 'टा-टा', 'बाय-बाय' आदि सिखाया जाता है | उन्हें राम, कृष्ण, नेहरु, आजाद, भगत सिंह आदि युगपुरुषों की कहानियाँ नहीं बल्कि निर्जीव का मिक्स पात्र पढ़ने को दिए जाते हैं | जिस प्रकार का बिज बोया जाता है, वैसा ही फल प्राप्ति की ही हमें आशा रखनी चाहिए | विकृत बचपन, विकृत यौवन का जन्मदाता है | हमारे देश के नौजवान आज किसी भी आवेदन को अपनी मातृभाषा में न लिखकर अंग्रेजी में लिखना, व्याकरण से मिला दूर निवास करते हैं | हमारी चाल-ढाल, रहन-सहन सभी कुछ तो आज अंग्रेजी हो गया है | हमारी हिंदी में अंग्रेजी शब्दों का इतना समावेश हो गया है कि आज एक नौजवान अनेक अंग्रेजी शब्दों को हिंदी में समांतर भी नहीं कर पाता, जबकि वही शब्द हिंदी में अंग्रेजी की अपेक्षा, सुस्पष्ट व कर्णप्रिय है | आज 'ये दिल मांगे मोर' ने 'वन्देमातरम' व 'सारे जहाँ से अच्छा' की गूँज को कम कर दिया है |

अब प्रश्न यह उठता है कि राजनितिक क्षेत्र का आज राजनेताओं की गलत, अव्यावहारिक तथा अदूरदर्शी नीतियाँ भी हिंदी भाषा के व्यवहार में गिरावट की उतरदायी है | पिछले ५० से अधिक वर्षों से प्रत्येक कार्यक्रम के आवश्यक अंग, 'सरस्वती वंदना' तथा 'जन गण मन' का राष्ट्रीय स्तर पर विरोध किया जाता है | आज दूरदर्शन के हिंदी समाचारों के मध्य में सुभाष चन्द्र बोस द्वारा दिए गये हिंदी भाषण समाचारवाचक कहता है , आगे के समाचार इस ब्रेक के बाद | साथ ही समाचारों पर संशय करता बड़े-बड़े अक्षरों में लिखा रहता है - NATIONAL.

उपयुक्त विवरण का यह अर्थ कदापि नहीं है कि केवल इन आधारों पर अंग्रेजी को नकारा घोषित कर दिया जाना चाहिए , बल्कि मुद्दा यह है कि हिंदी को उसका सम्मानजनक व उचित पद प्राप्त करवाना प्रत्येक सच्चे भारतीय का कर्तव्य है। जो लोग हिंदी , हिन्दू व हिन्दुस्तान जैसे शब्दों को साथ रख कर या विकृत स्थिति से देखते हैं , उन्हें उनके धर्म का अंश या प्रभाव दिखाई देगा और जो दूरदर्शी है वे इनमें धर्म व जाति से दूर एक सम्मान पूर्ण राष्ट्रीयता के दर्शन करते हैं | आज हिंदी को राष्ट्रभाषा के रूप में लागू करवाने में सच्ची व दृढ़ इच्छा-शक्ति की जरूरत है |

तुर्की के सुल्तान कमाल पाशा ने गददी पर बैठकर जब अपने अधिकारियों से यह प्रश्न किया कि 'तुर्की' को राष्ट्रभाषा बनाने में कितना समय लग सकता है तो उनका उत्तर था कम से कम 10 वर्ष | सुल्तान ने मुस्कुराते हुए उसी समय आदेश दे दिया कि समझो 10 वर्ष पुरे हुए तथा अगले ही दिन से सम्पूर्ण देश में अंग्रेजी को हटाकर तुर्की का प्रयोग होने लगा | वस्तुतः किसी भी कार्य को करने में दृढ़ इच्छाशक्ति का निहित होना ही उस कार्य की सफलता या असफलता को निर्धारित करती है | अगर इच्छाशक्ति पूर्ण हो तो सफलता भी पूर्ण से उभर कर सामने आती है |

हिंदी को राष्ट्रभाषा के रूप में लागू करने का वास्तविक अर्थ भारत को हिन्दू राष्ट्र बनाना नहीं , बल्कि सभी भाषाओं को एकता के सूत्र में बांध कर हिंदी के द्वारा उनका एक माँ की भांति पालन-पोषण करना है । यह जिम्मेदारी एक-दुसरे के कन्धों पर डाल कर निश्चित हो जाने की अपेक्षा, सम्पूर्ण युवा वर्ग को संभालनी होगी ।

आदित्य छिक्कारा,आठवीं ब

# संस्कृत विभाग

## सम्पादकीय

सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः ।

सर्वे भद्राणि पश्यन्तु मा कश्चिद् दुःखभाग्भवेत् ॥

अखिलेऽपि विश्वे भारतीया संस्कृतिः सर्वाः संस्कृतीरतिशेते , इत्यत्र नास्ति काऽपि शंका , यतोहि अद्यत्वे – भौतिकेऽपि युगे भौतिकी समुन्नतिमेव विकासस्य पराकाष्ठां मन्वानाः पश्चात्याः शान्ति सुखञ्चयोपलब्धा भारतीयसंस्कृतिम् एतदीयजीवन पदतीयानुसरन्तः आत्मानं कृतकृत्या मन्यते , एतदृशीमस्माकं पुण्या पुरातनी च संस्कृतिः संस्कृतमूलैव , अत एवोच्यते - संस्कृतं संस्कृतेर्मूलम् इति , संस्कृत भाषा सर्वासु भाषासु प्राचीनतमा श्रेष्ठा चास्ति , संस्कृत साहित्यस्य रचयितारः आदि कविः वाल्मीकिः , महर्षिव्यासः , कविकुल गुरु कालिदासः , भासः , माघादयश्च महाकवयः स्वकीयैः ग्रन्थरत्नैः सहृदयानां हृदयेषु अद्यापि विराजन्ते अनया एव भाषया भारतमातुः गौरवम् , अखण्डत्वं , संस्कृतेकत्वञ्च सुरक्षितं विद्यते ।

अस्याः व्याकरणं श्रेष्ठं सुनिश्चितं च वर्तते , अनयस्याः कस्याः अपि भाषायाः व्याकरणम् अस्य तुलनां कर्तुं न शक्नोति , अस्माकं संस्कृतिः पूर्णतया संस्कृत भाषायामेव निहिताऽस्ति , चत्वारः वेदाः , अष्टादशपुराणानि , सर्वाः उपनिषद् अन्यानि च काव्यनाटकादीनि अस्यामेव भाषायां लिखितानि सन्ति , इयमेव भाषा सर्वासाम् आर्य भाषाणां जननी इति स्वीकुर्वन्ति भाषाविदः ।

सुरेशी दत्ता, संस्कृत शिक्षिका ,

## पर्यावरण (निबंध)

अस्मान् परितः यानि पंचमहाभूतानि सन्ति तेषां समवायः एव परिसरः अथवा पर्यावरणम् इति पदेन वयच्छेयते । इत्युक्ते मनुष्यो यत्र निवसति , यत् खादति , यत् वस्त्रं धारयति , यज्जलं पिबति यस्य पवनस्य सेवनं करोति , तत्सर्वं पर्यावरणम् इति शब्देनाभिधायते । अधुना पर्यावरणस्य समस्या न केवलं भारतस्य अपितु समस्तविश्वस्य समस्या वर्तते । यज्जलं यश्च वायुः अद्य उपलभ्यते , तत्सर्वं मलिनं दूषितं च दृश्यते अथवा भारतस्य राजधानी अस्ति ।

पर्यावरणम् भारतदेशस्य राजधानी विश्वस्य अतिविशालासु नगरीषु अन्यतमां इति गणयते । पर्यावरणम् एषा भारतस्य तृतीया बृहती नगरी वर्तते । इत्यापि विश्रुता इयं नगरी प्राचीनकाले हस्तिनापुरमिति ख्याता आसीत् । इन्द्रसभायामपि सभजितानां भरतकुलोत्पन्ना महीपलानां राजधानी अद्यतानीया एव पर्यावरणम् मुगलवंशियानां चक्रवार्तिनां तथा आङ्गलानामपि अधिकारिणां केन्द्र भूमि भूत्वा अधुनापि भारतीयगणराजस्य राजधानिपदमलङ्करोति ।

नवनी गर्ग , नवीं अ

## अलसानां भविष्यम्

दयानन्दसरस्वतीवर्यः प्रतिदिनं प्रातः नियततया वायुविहारं करोति स्म । कदाचित् सः भ्रमणाय बंभिः अगच्छत् । तदवसरे कश्चित् आङ्गलाधिकारी अमिलत् । तस्मिन् काले आङ्गलाधिकारी एव प्रशासनं प्रचलति स्म भारते ।

अधिकारी दयानन्दवर्यम् अभिज्ञातवान् । सः दयानन्दवर्यस्य भारतस्य च उपहासं कर्तुम् इच्छित स्म । तथापि कृत्रिमं विनयं दर्शनयन् सः दयानन्दवर्यं प्रणम्य पृष्ठवान् “महाभाग भवान् तु सर्वज्ञः अस्ति । अधुना भारते अङ्गलानां भविष्यं कथं स्यात् ?” इति ।

किञ्चित् विचिन्त्य दयानन्दवर्यः अवदत् “अङ्गलानां भविष्यं ज्ञातुं सर्वज्ञत्वं किमपि न आवश्यकम् । सामान्यज्ञानिन एव अहं वदामि – आङ्गलानां भविष्यं तु निराशादायकम् अस्ति ” इति । तत् श्रुत्वा अधिकारी आश्चर्यान्वितः अभवत् । “भवान् केन आधारेण एतम् अभिप्रायं प्रकटयति ?” अधिकारी प्रतिप्रश्नम् अकरोत् तदा हसता दयानन्दवर्येण उक्त्म् – ‘प्रतिदिनं प्रातः मया वायुविहारं समाप्य यावत् आगम्यते तावता आङ्गलाधिकारिणः आलस्येन उत्थाय जृम्भणं कुर्वन्तः दृश्यन्ते बहुधा । तत् प्रातर्विधिं सुखेन समाप्य जलपन्तः विहाराय गच्छन्ति । केचन तु प्रातः एव विनोदस्थलंप्राप्य उपविश्य क्रीडासु मग्ना भवन्ति । प्रातः जिहवाचापलवर्धनम् अल्पाहार सेवमानाः ते मदिरां पिबन्तः मदसुखम् अनुभवन्ति । तदनन्तरम् अपि कर्षाणि अकुर्वन्तः पुनः ते निद्राणाः भवन्ति । नान्यत् किमपि क्रियते बहुभिः । अस्य तात्पर्यं भवति यत् आङ्गला अलसाः जाताः सन्ति इति । अलसानां भविष्यां सदा निराशादायकम् एव भवति ननु ” इति ।

सः आङ्गलाधिकाकारी अतत उत्तरं श्रुत्वा क्षणकालं स्तब्धाः । दयानंदर्यस्य वचनं  
वास्तवताद्यातकम् अप्रियसल्यज्ञापकं च आसीत् । अतः कलोपे प्रहारः प्राप्तः इव  
अनुभवः प्राप्तः तेन । तस्मात् सः प्रविवचनं किमपि अनुक्तवा मुखम् अवनामप्य मौनेन  
ततः निर्गतवान् ।

रक्षिता गर्ग  
बारहवीं 'ब'

विद्या ददाति विनयम्  
केनचित् कविना उचितमेव उक्तं अलसस्य कुतो विद्या अविधस्य कुतः धनम्: 'यत्'  
अविधास्य कुतः धनम् ' अर्थात् आलस न प्रप्नोति सः धनं प्राप्तु न शक्नोति । निर्धनः नरः  
समाजे कदापि सम्मानं न लभते । विद्यां सर्वधिकः लाभः एषः यत् इयं मनुष्याय विनयं  
ददाति । उक्तं हि विद्या विनयं शोभते । विनयात् एव सः पात्रतां याति । सुविद्याः  
विनयशीलः नराः सर्वत्र एव सः पूज्यते । विद्याहीनः नराः पशवः इव । ते किमपि कार्यं  
कर्तुं न शक्नुवन्ति । इदृशाः नराः जीवने असफलाः भवन्ति । अतः शैशवादेव अध्ययनं  
करणीयम् ये अध्ययनं काले आलस्यं कुर्वन्ति ते विद्या न लभन्ते । विद्या अस्माकं  
ज्ञानवर्धनं करोति । विद्याध्ययनं अस्माकं बुद्धिपि तीव्रा भवति । अन्यथा पशवानां  
नराणां मध्ये को भेदः ? विद्या हीनाः नराः भुवी भारभूता एव अतः विद्यारहित जीवनं  
व्यर्थम् । यतः विद्याहीनः पुरुषः प्रगति कर्तुं न शक्नोति । विद्या धनं सर्वाधिकं धनम् ।  
एतत् धनं व्ययतः वृद्धिम् आयाती । चौर्यभयमपि नास्ति । अतः उचितमेव उक्त यत्  
विद्याधन सर्वधन प्रधानम् ।

शुभम शुभासिस  
सप्तमी 'बी'

मम मातृभूमिः

“ जननी जन्मभूमिश्च स्वर्गादपि गरीयसी ”  
मातृभूमि जन्मतः आरभ्य मृत्युपर्यन्तम्  
अस्माकं रक्षणं पोषणं च करोति ।  
माता भूमिः पुत्रेऽहं पृथित्या । इति  
वेदवाक्याम् अस्ति मातृभूमि सर्वैः  
नरैः वन्दनीया भवति ।  
एन – केन – प्रकारेण मातृभूमेः रक्षणं करणीयम् ।

वंशिका सिरोही  
' अष्टमी स '

मम विद्यालये प्रतिदिनस्प दिनचर्या



मम विद्यालयः अष्टवादने आरम्भं भवति द्विवादने च समाप्ति गच्छति । यदा प्रारम्भे सर्वप्रथमं ईश्वरमं – प्रार्थना भवति । सर्वे बालकाः पंक्तिबद्धाः भूत्वा उतिष्ठन्ति ईश्वर – प्रार्थनायाः पश्चात् उपस्थितिगणम् भवति । तदनंतरं , सर्वे बालकाः स्व – स्वकक्षासु गच्छन्ति , निजे - , निजे आसने उपविशन्ति तथा पठनं लेखनं च प्रारम्भते । भिन्न – भिन्न कक्षासु भिन्न – भिन्न विषयाणां पाठनं भवति । मध्ये प्रायः एकादश वादने पाठशालायाम् जलपानस्य कृते अवकाशः भवति । तस्मिन् समये घटिका वदति । यदा जलपानस्य घटिका वदति सर्वे छात्राः पठनं लेखनं च परित्यज्य जलपानं कुर्वन्ति । तत्पश्चात् अवकाशे समाप्ते पुनः पठितु स्व – स्व – कक्षासु छात्राः गच्छन्ति । पुस्तकं पठनस्य अतिरिक्त बालकाः कानिचित् अन्यानि अपि कार्याणि तेषां मनोविनोदः भवति , श्रमशक्तिः वर्धते तदा शरीरं च भवति अन्ते द्विवादने अवकाशच घटिका भवति , सर्वे छात्रा कक्षायाः बहिः आगत्या पंक्ति बद्धाः भूत्वा स्व – स्व गृहाणि गच्छन्ति ।

अनमोलदीप कौर आठवी 'स'

### गीतामृतम्

नैनं छिन्दन्ति शस्त्राणि, नैनं दहति पावकः।

न चैनं क्लेदयन्त्यापो, न शोषयति मारुतः॥

सुख-दुःखे समे कृत्वा, लाभालाभौ जयाजयौ।

ततो युद्धाय युज्यस्व , नैवं पापमवाप्स्यसि ॥

यदा यदा हि धर्मस्य ग्लानिर् भवति, भारत ।

अभ्युत्थानमधर्मस्य , तदात्मानं सृजाम्यहम् ॥

परित्राणाय साधूनां , विनाशाय च दुष्कृताम् ।

धर्म –संस्थापनार्थाय संभवामि युगे युगे ॥

वासांसि जीर्णानि यथा विहाय

नवानि गृह्णाति नरोऽपराणि ।

तथा शरीराणि विहाय जीणा

न्यन्यानि संयाति नवानि देहि ॥

शिखा त्रिपाठी

सप्तमी ब

वीराङ्गना लक्ष्मीबाई

अस्माकं राष्ट्रं भारतवर्षम् 1947 तमे ईश्वीये वर्षे भारतदेशः स्वतन्त्रः अभवत् ,  
आंग्लदेशीयाः अत्र शासनम् अकुर्वन् , स्वाधीनतायै अनेकानि आन्दोलनानि अभवन्  
,स्वतन्त्रतायै देशभक्ताः धनमयच्छन् युवकाः स्वप्राणान् अत्यजन् , लक्ष्मीबाई एका  
प्रमुखा सेनानापिका आसीत् , तस्या जनकः जननी च बिठूरराज्ये अवसताम् ,  
लक्ष्मीबाई शस्त्रज्ञाने अश्वारोहणे च निपुणा आसीत् , तस्या , विवाहः गङ्गाधरेण  
सह अभवत् गङ्गाधरस्य असमये एव मृत्युः अभवत् , आं गलसेनानायकः हयूरोजः  
अकथयत् - “ राज्ञी आत्मसमर्पणम् करोतु ” । इति ,वीराङ्गना लक्ष्मीबाई अवदत् -  
“ भारतीया नारी प्राणान् त्यजति, किन्तु शत्रोः अग्रे समर्पणम् न करोति , झाँसी -  
राज्यं मम अस्ति , अहं झाँसी - राज्यं न दास्यामि ” इति ।

सा आंग्लैः सह भीषणं युध्दम् अकरोत् , अन्ते सा प्राणान् अत्यजत्  
,अद्यापि झाँसी दुर्गे गुञ्जितान् स्वरान् जनाः स्मरन्ति ।

गुनप्रीत कौर

अष्टमी 'ब'

भारतवर्ष

अस्माकं देशः भारतवर्षम् अस्ति ।

अयं हि हिमालयात् रामेश्वरम् पर्यन्तम्

पुरीतः द्वारका पर्यन्तं प्रसृतः अस्ति ।  
अत्र गंगा ,यमुना ,गोदावरी ,ब्रह्मपुत्र  
प्रभृत्यः नद्यः अमृतोपम् तोयं वहन्ति ।  
अत्र काशी प्रयाग मथुरा ,प्रभृतयः  
मुम्बई , मद्रास , कानपुर , दुर्गापुर ,  
राउरकेला , प्रभृतवयः उद्योग प्रधानाः  
नगर्यः सन्ति । अत्रैव राम-कृष्ण-  
गौतमः जाताः गाँधी - नेहरु - पटेल  
प्रमुखः महापुरुषाः अत्रैव उत्पन्ना  
अयं देशः ग्रामप्रधानः कृषिप्रधान कथ्यते ।

स्नेहा कुमारी  
अष्टमी 'स'

## 1- हास्यकणिका :

विस्मरणशीलः प्राध्यापकः स्वमित्रं पृष्टवान् अहं किं विस्मरणशीलः

मित्रेण उत्तम् - “न | सर्वथा न”

प्राध्यापकः पुनः पृष्टवान् “ किन्तु केचन मया पृष्टस्य एतस्य एव प्रश्नस्य

उत्तररूपेण ‘आम’ इति वदन्ति किल , किमर्थम् ?

“ ते न जानन्ति यत् भवान् स्नर्वदा एतम् सव प्रश्नं पृच्छित इति ।

## 2 - अहो स्मरणशीलता

धिक् भवतः विस्मरणशीलतां । अविस्मृत्य शाकाः आनेतव्याः इति, सूचितवती आसम

भवान् तु-----

अये मां विस्मरणशीलं मां भावयतु भवती कार्यालयतः आगमनसमये मया शाकाः

अविस्मृत्य कृताः एव “तर्हि ते कुत्र ? लोक्याने परित्यक्ताः विस्मरणवशात् ।”

मनन्त शर्मा अष्टमी ‘ब’

## खगानाम् नाम

हिन्दी संस्कृत

कबूतर - कपोतः

उल्लू - उल्लूकः

कौआ -- काकः

मुर्गा - कुक्कटः

कोयल - पिकः

गौरैया -- चटका

भौरा -- भ्रमरः

मोर -- मयूरः

बतख - वर्तकः

बाज - श्येन

मैना --सारिका

हंस -- हंसः

तोता -- शुकः

बगुला-- वकः

रिषिका

कक्षा- षष्ठी अ

मानवीयता

राजा प्रतापसिंहः जम्मूकश्मीरस्य चक्रवर्ती आसीत् । एकदा सः प्रजानां सुखदुःखः खानि स्वयं ज्ञातुम् इच्छन् देशपर्यटनम् आरब्धवान् । एकदा कस्यचन तडागस्य तीरे ज्वरेण कम्ममानः कश्चन युवकः तेन दृष्टः गुप्तवेशधारी राजा तम् उपसर्प्य तस्य शरीरम् संस्पृश्य शुश्रूषां कृतवान् । किञ्चित्कालं यावत् तस्य युवकस्य सेवाम् अकरोत् राजा । ततः सः तं युवकम् अपृच्छत् - “ त्वया कुत्र गन्तव्यम् ?” इति “

जम्मूनगरम् - युवक अबदत् । ‘किम् कार्यतत्र ?’

राजा पृष्टवान् । पत्नी मातृगृहात् आनेतुं गच्छमन् अस्मि अवदत् सः तरुणः भावतः श्वसुरस्य नाम किं ? ममं श्वसुरः न जीवति , श्वरश्वाः नाम लक्ष्मीमेहता इति , “ अस्तु मम अश्वं आरुह्य उपविश ” प्रतापसिंहं सूचितवान् ! युवकः अश्वं आरूढवान् , प्रतापसिंहः अश्वस्प खलीनं गृहीतवान् , अश्वेन धावतम् आरब्धम् , ताभ्यां जम्मूनगरं प्राप्तम् ।

लक्ष्मीः प्रतापसिंहस्य एव प्रासादे कर्मकरी आसीत् महाराजेन साकम् अश्वं आरुह्य आगतं जामातरं दृष्ट्वा साक्षणं यावत् स्तब्धा जाता , सा भीता सती - प्रभो मम

जमाता घोरम् अपराधं कृतवान् अस्ति इति दर्शनेन एव ज्ञायते , भवान् अस्य देशस्य राजा इति सः न अभिज्ञातवान् , अज्ञानात् तेन कृतः अयं अपराधः क्षन्तत्यः , इति महाराज प्रार्थयत् ।

तदा प्रतापसिंह अवदत् - अत्र क्षमायाचनायाः म कापि प्रसक्तिः यदि कस्यचन सङ्कटेऽपि न सहकुर्यां तर्हि अहम् अपराधी भवेयं नमः। सर्वादौ

अहम् आस्मि मानवः । तदान्तरम् एव महाराजत्वम् महाराजेन मम ।

महाराजेन यथा प्रजाः पाल्येम् तथैव प्रजाः सेव्येरन् अपि , तदेव कृतं मया , भवत्या जमात्रा न कोऽपि अपराधः कृतः सेवार्थम् मह्यम् कश्चन् अबसरः कल्पितः तेन् , अतः कृतज्ञः अस्मि तस्मै इति। सुखप्रीत कौर , बारहवीं ब

# Spectrum: Primary Students in Action



**Children enjoying creating their own masks: Learning by doing**



**Growing into responsible citizen: Anti cracker Drive**



**New Education : Gifting the Vidyalaya a Plant on Birthday**



**Bonding with the Culture :Rangoli Making Competition**



**Learning Religious Tolerance: Celebrating Unity Day**



**United through Culture : Cultural Unity Day**



**Dancing to the Rhythms of Music : Childhood a Pleasure**



**Exhibiting Sportsman Spirit : Students cherishing the taste of Victory**



**Gp. Capt. R. K. Ramamoorthy & Chairman VMC felicitating a winner on the occasion of Sports Day**



**Stop bullying: Learn respecting**



**Little masters of chess in action**



**Best out of Waste Competititon**

# ENRICHING VISITS



**Annual Academic Vidyalaya Inspection : Students greeting the Assistant Commissioner, Chandigarh Region with her team**



**Vmc meetings: A regular feature**



**Vidyalaya Chairman being greeted by the students of the vidyalaya**



**Sh. Ranvir Singh, Deptt. Commissioner, interacting with the students in the ATL Lab. on the occasion of Community Day**



**Career Orientation :Workshops by NIPER experts**



**Workshops by NIPER experts**



**Lecture by Sh. Gurmeet Singh, IFS (Retd) on Environmental Concerns**



**Cardiopulmonary Resuscitation (CPR) training given by air force personnel of station medication centre**



**Lecture on Nutraceutical Health by a Scientist**

## Proud Moments: Regional Level Events Hosted by Vidyalaya



**Regional Incentive Award Ceremony**



# MEMORABLE EVENTS: MOMENTS TO CHERISH



**ADITYA, IX B, WINNER CCCC NATIONAL INTER SCHOOL CROSS WORD CONTEST 2018**



**PAYAL PRIYADARSHINI, STUDENT CLASS XII, WINNER POSTER MAKING COMPETITION**



**STUDENTS ATTENDING SCIENCE FESTIVAL**



**INTER HOUSE GROUP SONG COMPETITION : HOLISTIC LEARNING**



**VIDYALAYA COUNCIL : KV AFS HIGHERGROUNDS CHANDIGARH 2018-19**



**LEARNING TOGETHER WITH STUDENTS : THE ATL MISSION**



**BOOK SEMINAR ON LITERATURE WEEK CELEBRATIONS**



**YOUNG SCIENTISTS IN THE MAKING**



**ENJOYING EXCURSION AND COMMUNITY LUNCH TOGETHER: VISIT TO CHATTBIR ZOO**



**UNITED THROUGH SPORTS**



**PRINCIPAL MOTIVATING STUDENTS ON SWATCHH BHARAT MISSION**



**RAKSHA BANDHAN: HONOURING THE REAL PROTECTORS OF THE NATION**

# EVENTS & CELEBRATIONS: EXPERIENTIAL LEARNING



**Patriotic Fervour :Republic Day Celebrations**



**SwachhVidyalaya: Swachh Bharat**



**Rally on spreading the message of Cleanliness**



**Awareness on Human Rights Day**



**Pledge to keep the Earth Green**



**Sensitization on fire safety rules by the personnel from Air Force Station High Grounds**



**Sanskrit Saptah Celebrations: Reviving ties with Culture**



**Rally on Vigilance Awareness Week**



**Vigilant & Aware Students : Celebrating Vigilance Awareness Week**



**Young Ascetics Discipline With Yoga**



**United through Culture : Cultural Unity Day**



**Flag Day Celebrations**

# TORCHBEARERS



**KENDRIYA VIDYALAYA**  
**AFS, HIGHGROUNDS, CHANDIGARH**



# CREATIVE ENDEAVOURS

